

**Preliminary M.D. Ayurveda (Swasthavritta) (2017)
Examination, (Phase - II) Summer - 2022
PREVENTIVE, SOCIAL MEDICINE & YOGA**

Total Duration : 3 Hours

Total Marks : 100

- Instructions :**
- 1) Use **blue/black** ball point pen only.
 - 2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All** questions are **compulsory**.
 - 4) The number to the **right** indicates **full** marks.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) **Use** a common answerbook for **all** sections.

SECTION - "A" (50 Marks)

1. दीर्घोत्तरी प्रश्न : [2×15=30]

Long answer question:

- a) रसायनाची व्याख्या, प्रकार लिहून प्रजनन व शिशु स्वास्थ्यासंबंधी त्यांचे महत्व विशद करा.
Write the definition, types of Rasayana and its importance in Reproductive & child health.
- b) घेरण्ड संहितेनुसार सप्तांगयोगाचे वर्णन करा.
Describe "Saptanga Yoga" according to Gherand Samhita.

2. लघुत्तरी प्रश्न (पाच पैकी कोणतेही चार): [4×5=20]

Short answer question (**any four** out of five):

- a) जागतिक आरोग्य संघटनेनुसार स्वास्थ्याचे परिमाण लिहा.
Dimensions of health according to WHO.

- b) उत्तरायण व दक्षिणायन व्याख्या व ऋतुनुसार दोषस्थिती लिहा.

Define Uttarayana and Dakshinayana and describe Doshasthiti according to Ritu.

- c) विरुद्धाशनाची व्याख्या व प्रकार.

Define Viruddhashana and mentions its types.

- d) पंचकोश सिद्धांत.

Panchakosha Siddhanta.

- e) हठयोगप्रदिपिकेनुसार दश नियम लिहा.

Ten types of Niyama according to Hathyogpradipika.

SECTION - "B" (50 Marks)

3. दीर्घोत्तरी प्रश्न :

[2×15=30]

Long answer question :

- a) व्याधीप्रतिबंधात्मक विविध स्तर आणि उपाय सविस्तर वर्णन करा.

Describe the level of Disease Prevention in detail.

- b) मातृशिशू स्वास्थ्यासंबंधी स्वस्थवृत्ताचे योगदान सविस्तर वर्णन करा.

Describe the role of Swasthavritta in Maternal & Child Health Care.

33392

[4×5=20]

4. लघुत्तरी प्रश्न (पाच पैकी कोणतेही चार) :

Short answer question (any **four** out of **five**):

a) वायुशुद्धी.

Air purification.

b) जलशुद्धीकरणाच्या आयुर्वेदीय पद्धती.

Methods of Water Purification according to Ayurveda.

c) प्लास्टीक च्या वापरामुळे होणारे दुष्परिणाम.

Environmental Hazards of Plastics use.

d) घटसर्प व्याधीचे कारण, प्रसारमाध्यमे व प्रतिबंधात्मक उपाय थोडक्यात लिहा.

Write in short about the causes mode of transmission & preventive measures of Diphtheria.

e) भूमिशोधन.

Methods of Soil Purification.



**Preliminary M.D. Ayurveda (Swasthavritta & Yoga) (2012)
Examination, (Phase - II) Summer - 2022
SWASTHA VRITTA & YOGA - II**

Total Duration : 3 Hours

Total Marks : 100

- Instructions :**
- 1) Use **blue/black** ball point pen only.
 - 2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All** questions are **compulsory**.
 - 4) The number to the **right** indicates **full** marks.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) **Use** a common answerbook for **all** sections.

SECTION-A (50 Marks)

1. दीर्घोत्तरी प्रश्न :

[2×15=30]

Long answer question :

a) रोगाः सर्वेऽपि जायन्ते वेगोदीरण धारणैः।

निर्दिष्टं साधनं तत्र भूयिष्ठं ये तु तान् प्रति।।

उपरोक्त सूत्राचा ससंदर्भ अर्थ लिहून अधारणीय वेगांचे स्वास्थ्यरक्षणात व व्याधि प्रतिबंधनात योगदान स्पष्ट करा.

Explain above sutra with reference and describe the importance of Adharniya Vega in health promotion and disease prevention.

b) चरक संहितेनुसार हितकर आहार लिहून पोषणाची आयुर्वेद व आधुनिक मताप्रमाणे संकल्पना स्पष्ट करा
Write Wholesome diet according to Charak samhita and explain the concept of nutrition as per Ayurveda and modern science.

33007

[4×5=20]

2. लघुत्तरी प्रश्न (पाचपैकी कोणतेही चार) :

Short answer question (any four out of five):

a) अंतरंग योग.

Antarang Yoga.

b) व्याधीक्षमत्व - आयुर्वेद व अर्वाचिन शास्त्रानुसार.

Concept of Vyadhikshamatva according to Ayurveda & modern science.

c) विविध ऋतुतील शोधन

Shodhana in various Ritus.

d) चरकोक्त निद्रेचे प्रकार.

Types of Nidra according to Charaka.

e) मृत्तिका चिकित्सा.

Mrittika Chikitsa/Mud Therapy.

SECTION-B (50 Marks)

3. दीर्घोत्तरी प्रश्न :

[2×15=30]

Long answer question :

a) अशुद्ध वायुमूळे होणारे व्याधी, वायुदृष्टीचे दुष्परिणाम लिहून आयुर्वेदानुसार वायुशुद्धी वर्णन करा.

Write air borne diseases and hazards of air pollution. Mention purification of air according to Ayurveda.

b) राष्ट्रीय आरोग्य कार्यक्रमाचे उद्दिष्ट्ये व महत्व लिहून कुष्ठाचे आधुनिक मतानुसार प्रकार सांगून कुष्ठाचा राष्ट्रीय कार्यक्रम सविस्तर वर्णन करा.

Write objectives and importance of National programmes. Mention the types of leprosy according to modern science. Explain national programme of leprosy in detail.

33007

[4×5=20]

4. लघुत्तरीं प्रश्न (पाचपैकी कोणतेही चार) :

Short answer question (any four out of five):

a) पोलियो लस प्रकार.

Types of polio Vaccine.

b) राष्ट्रीय लोकसंख्या निती.

National population policy.

c) RBSK.

RBSK.

d) माताबाल संगोपनामध्ये स्वस्थवृत्ताचे महत्व.

Importance of Swasthavritta in maternal and child health care.

e) जैविक कचरा व्यवस्थापन व वर्गीकरण.

Biomedical waste management and its classification.



9
[Total No. of Pages : 2

33392

Preliminary M.D. Ayurveda (Swasthavritta) (2017) Examination,
Summer - 2023 (Phase - III)
PREVENTIVE, SOCIAL MEDICINE & YOGA

Total Duration : 3 Hours

Total Marks : 100

- Instructions :**
- 1) Use **black ball point pen only**.
 - 2) Do not write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full marks**.
 - 5) Draw diagrams **wherever necessary**.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answer book for **all** sections.

SECTION - "A" (50 Marks)

1. दिर्घोत्तरी प्रश्न : [2 × 15 = 30]

Long answer question :

- a) बल आणि ओज संकल्पना काय आहे? त्याचा व्याधीक्षमत्वाशी संबंध सविस्तर वर्णन करा.
Write the concept of Bala & Ojas and its relation with Vyadhikshamatva.
- b) रसायनाची व्याख्या, प्रकार लिहून वृद्धावस्थाजन्य व्याधींमध्ये रसायनाचे महत्त्व विशद करा.
Write the definition, types of Rasayana & its importance in Geriatric health.

2. लघुत्तरी प्रश्न (पाचपैकी कोणतेही चार) : [4 × 5 = 20]

Short answer question (any four out of five) :

- a) जागतिक आरोग्य संघटनेनुसार (WHO) स्वास्थ्याची संकल्पना लिहा.
Concept of health according to World Health Organizations (WHO).
- b) ग्रीष्म ऋतुचर्या थोडक्यात लिहा.
Write in short about Grishma Ritucharya.

- c) अधारणीय वेग कोणते व स्वास्थ्य रक्षणाकरीता त्यांचे महत्व थोडक्यात लिहा.
Write Adharniya Vega and its importance for the Health Care.
- d) विषमभोजनाचे प्रकार.
Types of Visham Bhojana.
- e) हठयोग प्रदिपिकेनुसार दश यम लिहा.
Ten types of Yama according to Hathyogpradipika.

SECTION - "B" (50 Marks)

3. दिर्घोत्तरी प्रश्न :

[2 × 15 = 30]

Long answer question :

- a) जनपदोद्ध्वंसाचे हेतु, लक्षणे व प्रतिबंधात्मक उपाय वर्णन करा.
Explain causes, symptoms and preventive measures of epidemics.
- b) जलशुद्धीकरणाच्या आयुर्वेद व आधुनिक पद्धतींचे सविस्तर वर्णन करा.
Describe the Methods of Water Purification according to Ayurveda and Modern science.

4. लघुत्तरी प्रश्न (पाचपैकी कोणतेही चार) :

[4 × 5 = 20]

Short answer question (any four out of five) :

- a) व्याधी प्रसारांचे मार्ग
Modes of disease transmission.
- b) साथरोगशास्त्रीय त्रिकूट
Epidemiological Triad.
- c) गोवर या व्याधीचे कारण, प्रसार माध्यमे व प्रतिबंधात्मक उपाय लिहा.
Write in short about the causative agent, mode of transmission and preventive measures of Measles.
- d) वायुदुष्टीचे कारण व उपाय.
Causes of Air Pollution and its Methods of Purification.
- e) विकिरणाचे स्रोत लिहा.
Sources of Radiation.



**Preliminary M.D. Ayurveda (Swasthritta & Yoga) (2012) Examination,
Winter - 2022**

SWASTHA VRITTA AND YOGA - II

Total Duration : 3 Hours

Total Marks : 100

- Instructions :**
- 1) Use **blue/black** ball point pen only.
 - 2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full** marks.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answer book for all sections.

SECTION - A (50 Marks)

1. दीर्घोत्तरी प्रश्न : [2 × 15 = 30]

Long answer question :

- a) त्रयोपस्तम्भ कोणते ते लिहून स्वास्थ्यरक्षणासाठी त्यांचे महत्त्व स्पष्ट करा.
Write Trayopastambha and explain their importance in health promotion.
- b) व्याधिप्रतिबंधाच्या दृष्टीने पंचकर्मांचे योगदान स्पष्ट करा.
Explain the role of Panchakarma in prevention of disease.

2. लघुत्तरी प्रश्न (पाच पैकी कोणतेही चार) : [4 × 5 = 20]

Short answer question (any four out of five) :

- a) यम - नियम.
Yam-Niyam.
- b) वायु चिकित्सा.
Vayu Chikitsa.

33007

- c) रसायन व्याख्या व प्रकार.
Rasayan-definition and types.
- d) द्वादशाशन प्रविचार.
Dwadashashan Pra-vichar.
- e) निद्रा व स्वास्थ्य संबंध.
Relation of Nidra with health.

SECTION - B (50 Marks)

[2 × 15 = 30]

3. दीर्घोत्तरी प्रश्न :

Long answer question :

- a) व्याधी प्रतिबंध व नियंत्रण सविस्तर वर्णन करा.
Describe the disease prevention and control.
- b) राष्ट्रीय एड्स नियंत्रण कार्यक्रम सविस्तर वर्णन करा.
Describe National AIDS Control Programme in detail.

4. लघुत्तरी प्रश्न (पाचपैकी कोणतेही चार) :

[4 × 5 = 20]

Short answer question (any four out of five) :

- a) अँन्टीनेटल केअर.
Antenatal Care.
- b) नॅशनल वाटर सप्लाय अँड सॅनिटेशन प्रोग्रॅम.
National Water Supply and Sanitation Programme.
- c) आयुर्वेदोक्त जलशुद्धिकरण.
Water purification as per Ayurveda.
- d) नॅशनल हेल्थ पॉलीसी.
National health policy.
- e) संक्रामक व्याधी.
Samkramak Vyadhi.



[Total No. of Pages : 2

33392

Preliminary M.D. Ayurveda (Swasthavritta) (2017) Examination,
Summer - 2023 (Phase - III)

PREVENTIVE, SOCIAL MEDICINE & YOGA

Total Duration : 3 Hours

Total Marks : 100

- Instructions :**
- 1) Use **black ball point pen only.**
 - 2) Do not write anything on the **blank portion of the question paper.** If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full** marks.
 - 5) Draw diagrams **wherever necessary.**
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answer book for **all** sections.

SECTION - "A" (50 Marks)

1. दिर्घोत्तरी प्रश्न : [2 × 15 = 30]

Long answer question :

- a) बल आणि ओज संकल्पना काय आहे? त्याचा व्याधीक्षमत्वाशी संबंध सविस्तर वर्णन करा.
Write the concept of Bala & Ojas and its relation with Vyadhikshamatva.
- b) रसायनाची व्याख्या, प्रकार लिहून वृद्धावस्थाजन्य व्याधींमध्ये रसायनाचे महत्त्व विशद करा.
Write the definition, types of Rasayana & its importance in Geriatric health.

2. लघुत्तरी प्रश्न (पाचपैकी कोणतेही चार) : [4 × 5 = 20]

Short answer question (any four out of five) :

- a) जागतिक आरोग्य संघटनेनुसार (WHO) स्वास्थ्याची संकल्पना लिहा.
Concept of health according to World Health Organizations (WHO).
- b) ग्रीष्म ऋतुचर्या थोडक्यात लिहा.
Write in short about Grishma Ritucharya.

- c) अधारणीय वेग कोणते व स्वास्थ्य रक्षणाकरीता त्यांचे महत्व थोडक्यात लिहा.
Write Adharniya Vega and its importance for the Health Care.
- d) विषमभोजनाचे प्रकार.
Types of Visham Bhojana.
- e) हठयोग प्रदिपिकेनुसार दश यम लिहा.
Ten types of Yama according to Hathyogpradipika.

SECTION - "B" (50 Marks)

3. दीर्घोत्तरी प्रश्न :

[2 × 15 = 30]

Long answer question :

- a) जनपदोद्ध्वंसाचे हेतु, लक्षणे व प्रतिबंधात्मक उपाय वर्णन करा.
Explain causes, symptoms and preventive measures of epidemics.
- b) जलशुद्धीकरणाच्या आयुर्वेद व आधुनिक पद्धतींचे सविस्तर वर्णन करा.
Describe the Methods of Water Purification according to Ayurveda and Modern science.

4. लघुत्तरी प्रश्न (पाचपैकी कोणतेही चार) :

[4 × 5 = 20]

Short answer question (any four out of five) :

- a) व्याधी प्रसारांचे मार्ग
Modes of disease transmission.
- b) साथरोगशास्त्रीय त्रिकूट
Epidemiological Triad.
- c) गोवर या व्याधीचे कारण, प्रसार माध्यमे व प्रतिबंधात्मक उपाय लिहा.
Write in short about the causative agent, mode of transmission and preventive measures of Measles.
- d) वायुदुष्टीचे कारण व उपाय.
Causes of Air Pollution and its Methods of Purification.
- e) विकिरणाचे स्रोत लिहा.
Sources of Radiation.



[Total No. of Pages : 3

33392

**Preliminary M.D. Ayurveda (Swasthavritta) (2017)
Examination, (Phase - III) Winter - 2024
PREVENTIVE, SOCIAL MEDICINE & YOGA**

Total Duration : 3 Hours

Total Marks : 100

- Instructions :**
- 1) Use **black** ball point pen only.
 - 2) **Do not** write anything on the **blank** portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All** questions are **compulsory**.
 - 4) The number to the **right** indicates **full** marks.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answerbook for **all** sections.

SECTION - A (50 Marks)

1. दीर्घोत्तरी प्रश्न :

[2×15=30]

Long answer question :

- a) वसंतऋतुमध्ये कफ प्रकोपामुळे व ग्रीष्मऋतुत वात संचयामुळे होणाऱ्या व्याधिंसाठी स्वास्थ्यसंरक्षक व व्याधि प्रतिबंधक उपायांचे सविस्तर वर्णन करा.

Describe the health promotive & disease preventive measures to be adopted in Vasant Ritu and Greeshma Ritu due to Kapha aggravation and Vata accumulation respectively.

- b) अष्टांग योगानुसार बहिरंग व अंतरंग योग वर्णन करून त्याचे सद्यः काळात स्वास्थ्य संवर्धनातील योगदान स्पष्ट करा.

Describe Bahiranga and Antaranga yoga as per Ashtangayoga and explain their health promotive role in today's era.

N - 5379

P.T.O.

33392

[4×5=20]

2. लघुत्तरी प्रश्न (पाचपैकी कोणतेही चार):

Short answer question (any four out of five) :

- अष्टांगहृदयानुसार तीन वेगांची लक्षणे ज्या वेगामध्ये निर्माण होतात त्या अधारणीय वेगाचे वर्णन करा.
Describe the Adharniya Vega in which symptoms of three vegas are seen as per Astanghridaya.
- व्याधिक्षमत्वामध्ये बल व ओज संकल्पनेचे महत्त्व विशद करा.
Describe the importance of Bala and Oja concept in Vyadhiikshamatva.
- व्याधि प्रतिबंधामध्ये व स्वास्थ्य संवर्धनामध्ये रसायनाचे महत्त्व लिहून वार्धक्यावस्थेतील रसायने वर्णन करा.
Mention the importance of Rasayana in disease prevention and health promotion and describe the Rasayanas in Geriatric condition.
- निद्रजननाचे उपाय व निद्रानाशाची कारणे आयुर्वेदानुसार वर्णन करा.
Describe Nidrajanana (Sleep inducing) measures and causes of nidranasha (insomnia) as per Ayurved.
- स्वास्थ्य संकल्पनेमध्ये चरक संहितेच्या विमान स्थानानुसार स्वास्थ्य तपासण्याचे निकष वर्णन करा.
Describe the health assessment parameters as per Charakasamhita Vimansthana.

SECTION - B (50 Marks)

3. दीर्घोत्तरी प्रश्न :

[2×15=30]

Long answer question :

- जनपदोर्ध्वसाची व्याख्या, कारणे, उपाय व जनपदोर्ध्वसाने होणाऱ्या व्याधिसाठीचे चिकित्सा सूत्र सविस्तर वर्णन करा.
Define Janapadaudhwansa. Describe its causes, preventive measures and the chikitsa sutra for the diseases occurring due to Janapadaudhwansa.
- स्वास्थ्य शिक्षणाची तत्वे लिहून त्याचे सामाजिक स्वास्थ्य संरक्षण व संवर्धनामध्ये महत्त्व सोदाहरण विशद करा.
Describe the principles of Health Education and elaborate its role in health maintainance and promotion with examples.

33392

[4×5=20]

4. लघुत्तरी प्रश्न (पाचपैकी कोणतेही चार) :

Short answer question (any four out of five) :

a) आयुर्वेदाची उदाहरणे देऊन व्याधिप्रतिबंधाचे स्तर वर्णन करा.

Describe the levels of disease prevention with examples from Ayurved.

b) स्थौल्य व्याधिच्या प्रतिबंधामध्ये स्वस्थवृत्ताचा सहभाग वर्णन करा.

Describe the role of Swasthavritta in the prevention of Sthaulya (Obesity).

c) प्लास्टिक व ई-वेस्ट मॅनेजमेंट वर्णन करा.

Describe plastic and e-waste management.

d) जलशुद्धिकरणामध्ये वापरण्यात येणाऱ्या वाळुच्या निस्यंदकांचे वर्णन करा.

Describe the sand filters used in the process of purification of water.

e) माता व शिशु कल्याण सेवेमध्ये स्वस्थवृत्ताचा सहभाग वर्णन करा.

Describe the role of Swasthavritta in Maternal and Child Health Care.

